

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF MASTERS OF SCIENCE IN NURSING

NUCH 827: ADVANCED HEALTH PROMOTION

STREAMS: MSC (NURS)

TIME: 3 HOURS

DAY/DATE: MONDAY 03/12/2018

2.30 PM – 2.30 PM

INSTRUCTIONS:

1. **Do not write anything on the question paper**
 2. **Mobile phones and any other reference materials are NOT allowed in the examination room**
 3. **Number ALL your answers and indicate the order of appearance in the spaces provided in the cover page of the examination answer booklet.**
 4. **Answer ALL Questions**
1. Explain the following health promotion theories, using relevant examples to illustrate their application.

(a) Health Belief Model	[10 marks]
(b) Theory of Reasoned Action	[10 marks]
(c) Trans-theoretical Theory	[10 marks]
(d) Social Cognitive Theory	[10 marks]
 2. Health promotion is the process of enabling people to increase control over, and to improve their health. Discuss this statement giving relevant examples basing your argument on the triad of health promotion. [20 marks]
 3. Discuss Elaboration Likelihood Model of Persuasion theory and its application in ensuring sustained behavior change. [20 marks]
 4. You have been working in community X for two years and have noted cases of malnutrition are on increase. This is a community that is located in an area that is rich in resources and the weather is good. Using Conservation of Resources Theory explain how you would help this community overcome malnutrition problem [20 marks]