

**CHUKA UNIVERSITY**  
**UNIVERSITY EXAMINATION**  
**BACHELOR OF SCIENCE IN HEALTH RECORDS AND INFORMATION**  
**MANAGEMENT**  
**HRIM 228: PRINCIPLES OF PUBLIC HEALTH**

Instructions:

1. Section A is compulsory
2. Question **two in section B** is compulsory
3. Answer any other one question in section B

**SECTION A. ANSWER ALL QUESTIONS 40 MARKS**

**Question one:**

- i. Define the following terms
  - a. Health Promotion (2 marks)
  - b. Primary health care (2 marks)
  - c. Culture (2 marks)
- ii. Giving relevant examples, describe the Relations of Culture and Health under the following:
  - a. Concept of insider and outsider (3 marks)
  - b. Ethnocentrism (3 marks)
- iii. Define public health and discuss the similarities and difference with clinical medicine (4 marks)
- iv. List four Elements of Health promotion (4 marks)
- v. Distinguish the following disease causation theories
  - a. Contagion theory and germ theory (4 marks)
  - b. Miasma theory and the Multi Causal Theory (4 marks)
- vi. Discuss two negative and two positive influences of culture to health by giving examples. (4 marks)

- vii. Describe four determinants of health in community according to the ecological perspective (8 marks)

**SECTION B. ANSWER QUESTION TWO AND ANY OTHER ONE QUESTION. 30 MARKS**

**Question one:**

Explain five effects of Globalization on health in Kenya (15marks)

**Question two:**

Describe five Challenges of traditional medicine in Kenya and their possible remedies (15 marks)

**Question three:**

Describe the components, strategies and principles of PHC (15 marks)

**Question one:**

Discuss the role of Health in development