

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**SECOND YEAR EXAMINATION FOR THE AWARD OF
MASTERS OF SCIENCE IN NURSING**

NUCH 829: ADVANCED HEALTH PROMOTION.

STREAMS:

TIME: 3 HOURS

DAY/DATE: MONDAY 14/12/2020

8.30 A.M -11.30 A.M.

INSTRUCTIONS:

- Do not write anything on the question paper.
- Mobile phones and any other reference materials are NOT allowed in the examination room.
- Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.

ANSWER ALL QUESTIONS

1. Explain the following health promotion theories, using relevant examples to illustrate their application. (Each 10 Marks)

- a. Theory of Reasoned Action
- b. Trans-theoretical Theory
- c. Elaboration Likelihood Model of Persuasion Theory
- d. Diffusion of innovation Theory.

2. Health promotion is the process of enabling people to increase control over, and to improve, their health. Discuss this statement giving relevant examples basing your argument on the triad of health promotion. (20 Marks)

3. You are living in a sub-urban area where people are well to do and living in a gated community. People in this community don't like walking or doing active physical exercises. Using **Social Cognitive Theory** explain how you would help this community change their behavior to minimize the risk of developing cardiac conditions. (20 Marks)

4. You have been working in community X for two years and have noted cases of malnutrition are on increase. This is a community that is located in an area that is rich in resources and the

weather is good. Using **Conservation Of Resources Theory** explain how you would help this community overcome malnutrition problem. (20 Marks)

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