

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
PSYCHOLOGY**

PSYC 335: TRAUMA COUNSELLING

STREAMS:

TIME: 2 HOURS

DAY/DATE: THURSDAY 08/07/2021

11.30 A.M – 1.30 P.M

INSTRUCTIONS:

Do not write of the question paper

Answer question one and any other two

QUESTION ONE

- (a) Describe the following types of trauma. [12 marks]
- (i) Acute trauma
 - (ii) Secondary trauma
 - (iii) Vicarious trauma
- (b) Discuss any four risk factors of trauma. [12 marks]
- (c) Explain any two reasons for seeking therapy for post traumatic stress disorder. [6 marks]

QUESTION TWO

- (a) Elaborate why an individual may not be allowed to serve as a member of the debriefing team. [10 marks]
- (b) Explain issues involved in counselling the raped and sexually abused trauma clients. [10 marks]

QUESTION THREE

Evaluate any five methods used in diagnosing post traumatic stress disorder. [20 marks]

QUESTION FOUR

Discuss the following effects of trauma.

[20 marks]

- (i) Cognitive effect
 - (ii) Psychological effects
 - (iii) Behavioural effects
 - (iv) Emotional effects
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