

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF ARTS IN
PSYCHOLOGY**

PSYC 431: GERONTOLOGY AND GENATRICS

STREAMS: Y4S2

TIME: 2 HOURS

DAY/DATE: MONDAY 20/09/2021

2.30 P.M – 4.30 P.M

INSTRUCTIONS

■ Answer question one and any other two questions

■ Do not write on the question paper

1. (a) Define the following terms;
 - (i) Gerontology [2 marks]
 - (ii) Geriatrics
 - (b) Explain the roles of health care practitioner to elderly patients. [6 marks]
 - (c) Discuss three ways in which age can influence political participation. [6 marks]
 - (d) Gerontology view aging in four distinct processes. Discuss. [8 marks]
 - (e) Explain the following aspects of aging. [8 marks]
 - (i) Geroscience
 - (ii) Psychogerontology
 - (iii) Biogerontology
 - (iv) Sociogerontology
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2. (a) Discuss briefly the following theories of gerontology. [10 marks]
 - (i) Wear and tear theory
 - (ii) Activity theory
 - (iii) Genes theory
 - (iv) Life course theory
 - (v) Continuity theory

- (b) Discuss five reasons why aging is undesirable. [10 marks]
3. (a) Discuss five health challenges facing elderly people and their remedies to improve them. [10 marks]
- (b) Discuss five major adjustments (transitions) during late adulthood. [10 marks]
4. Describe professor Robert Atchley's (1976) stages of retirement model. [20 marks]
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