

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF  
PSYCHOLOGY**

**PSYC 462: THEORIES OF PERSONALITY IN CLINICAL PSYCHOLOGY**

**STREAMS: B.PSYC**

**TIME: 2 HOURS**

**DAY/DATE: THURSDAY 25/03/2021**

**11.30 A.M. – 1.30 P.M.**

**INSTRUCTIONS**

- *Answer question one and any other two*
- *Do not write on the question paper*

**Question one**

(a) Elaborate how clients protect themselves from threatening unconscious thoughts through the following defense mechanisms

- (i) Displacement (5 marks)
- (ii) Regression (5 marks)
- (iii) Rationalization (5 marks)

(b) Discuss the five stages of psychosexual development by Sigmund Freud. (15 marks)

**Question two**

Demonstrate your understanding of the following personality traits based on the big five traits based on the big traits theory.

- (a) Conscientiousness (5 marks)
- (b) Agreeableness (5 marks)
- (c) Extraversion (5 marks)
- (d) Neuroticism (5 marks)

**Question three**

Discuss the main feature of the following personality disorders

- (a) Dependant personality disorder (5 marks)
- (b) Obsessive compulsive personality disorder (5 marks)
- (c) Antisocial personality disorder (5 marks)
- (d) Borderline personality disorder (5 marks)

**Question four**

- (a) Explain the constituents of personality according to theory of psychoanalysis. (12 marks)
  - (b) Evaluate the importance of the knowledge of personality to a clinical psychologist. (8 marks)
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