

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**FOURTH YEAR EXAMINATION FOR THE AWARD OF  
DEGREE OF BACHELOR OF PSYCHOLOGY**

**PSYC 463: CLINICAL COMMUNITY PSYCHOLOGY**

**STREAMS:**

**TIME: 2 HOURS**

**DAY/DATE : WEDNESDAY 22 /09/ 2021**

**8 .30 AM – 10.30 AM**

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**INSTRUCTIONS TO CANDIDATES:**

- Answer Question One and any other Two Questions.
- DO NOT WRITE ANYTHING on the question paper.

**QUESTION ONE**

- (a) Distinguish between clinical and community psychology. [4 Marks]
- (b) Describe five principles of community psychology. [10 Marks]
- (c) Demonstrate your understanding of the following concepts in the ecological model by James Kelly.
- i. Adaptation [4 Marks]
- ii. Succession [4 Marks]
- iii. Cycling of resources [4 Marks]
- iv. Interdependence [4 Marks]

**QUESTION TWO**

- (a) Explain five ways in which families may react during mental health crisis. [10 Marks]
- (b) Elaborate five methods of preventing psychological disorders. [10 Marks]

**QUESTION THREE**

- (a) Discuss two ways in which self-help groups participate in community development. [6 Marks]
- (b) Evaluate two methods you may advocate for empowering communities with few resources. [6 Marks]
- (c) Explain four multiple level analysis in community psychology. [8 Marks]

**QUESTION FOUR**

- (a) Discuss the three levels of interventions that can help prevent mental illness in communities as proposed by Gerald Caplan. [12 Marks]
  - (b) Citing two examples evaluate the importance and value of human dignity to community's Mental health. [8 Marks]
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