

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**FOURTH YEAR EXAMINATION FOR THE AWARD OF  
DEGREE OF BACHELOR OF PSYCHOLOGY**

**PSYC 473: DEVELOPMENT AND ORGANIZATION OF GUIDANCE AND  
COUNSELLING**

**STREAMS: B.PSYCHOLOGY**

**TIME: 2 HOURS**

**DAY/DATE : WEDNESDAY 22 /09/ 2021**

**8 .30 AM – 10.30 AM**

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**INSTRUCTIONS TO CANDIDATES:**

- Answer Question One and any other Two Questions.
- DO NOT WRITE ANYTHING on the question paper.

Q1. (a) Distinguish guidance from counseling. [4 Marks]

(b) Identify and state the contribution of one pioneer psychologist in the field of guidance and counseling. [6 Marks]

(c) Explain the desirable characteristics of a counseling relationship as described by Carl Rogers. [8 Marks]

(d) Explain three main areas of emphasis in school counseling in relation to students. [6 Marks]

(e) Analyse the differences between individual and group counseling. [6 Marks]

Q2. (a) Describe five counseling techniques that a counselor should use in a counseling process. [10

Marks]

(b) In what ways is modern professional counseling different from traditional counseling. [10

Marks]

Q3. (a) Analyse the qualities of a good counselor. [10 Marks]

(b) Explain the main areas of focus in cognitive Behavioral Therapy. [10 Marks]

Q4. (a) Discuss ethical standards in counseling and psychotherapy. [10 Marks]

(b) Trace the development and organization of guidance and counseling in Kenya. [10 Marks]

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