

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF SCIENCE IN
WILDLIFE AND ENTERPRISE MANAGEMENT**

WIEM 141: SWIMMING SKILLS AND FIRST AID

STREAMS: WIEM (Y2S1)

TIME: 2 HOURS

DAY/DATE: MONDAY 29/03/2021

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS:

- Answer ALL questions in SECTION A and any other TWO in SECTION B.
- Do not write anything on this paper.

SECTION A (30 MARKS)

1. Explain five reasons why swimming and first aid skills are relevant to your career. (5 marks)
2. Briefly describe five signs of a person who is drowning. (5 marks)
3. Outline five actions one should take in case of accidental fall into moving water. (5 marks)
4. Briefly discuss the meaning of the SAFE principle when swimming. (5 marks)
5. (a) State the Law of Inertia. (2 marks)
(b) Briefly explain three ways that the law of inertia can be applied to increase swimming efficiency. (3 marks)
6. Briefly explain how to make good breast strokes when swimming. (5 marks)

SECTION B (40 MARKS)

7. Suppose you are leader of a team that is carrying out recreational activities such as swimming in a large water body. Discuss the set of safety rules you would ensure are followed. (20 marks)

8. Describe the safety considerations you should make when diving and other headfirst entries. (20 marks)
9. (a) Describe the signs of a person with possible head, neck or back injury. (8 marks)
- (b) Discuss the first aid to be administered to a person with possible head, neck or back injury. (12 marks)
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