CHUKA



UNIVERSITY

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EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION

EDCI 201: HEALTH AND PHYSICAL EDUCATION

STREAMS:PT TIME: 2 HOURS

DAY/DATE: TUESDAY 5/10/2021 2.30 P.M – 4.30 P.M

INSTRUCTIONS

This paper consists of four questions

Answer question one and any other two questions

1.	(a) Explain objectives of teaching health and physical education.	[8 marks]
	(b) Identify dimensions of health.	[4 marks]
	(c) Elaborate on human factors that influence the environment and human	health. [8
marks]		
	(d) Classify human diseases based on causal factors.	[10 marks]
2.	Using examples discuss the following types of immunity.	
	(a) Specific immunity	[10 marks]
	(b) Non specific immunity	[10 marks]
3.	Discuss various ways of using medicines correctly.	[20 marks]
4.	Provide a written advice on drugs and drug abuse to teenage children.	[20 marks]