

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

FIRST YEAR EXAMINATION FOR THE AWARD OF DEGREE OF MASTER OF SCIENCE IN CLINICAL PSYCHOLOGY

CLPS 812: THEORIES OF PERSONALITY

STREAMS: MSC CLINICAL PSYC Y1T3

TIME: 3 HOURS

DAY/DATE: WEDNESDAY 12/04/2023

11.30 A.M – 2.30 P.M

INSTRUCTIONS:

Question 1 is compulsory and two other questions

(Total 60 marks)

Question 1 (30 marks)

- a) Mwangaza is a young adult in his early twenties who is a undergraduate student in university. His classmate noticed that Mwangaza smokes, drinks alcohol, over eats and bites his nails.
- i. Which stage of Freud's psychosexual stages of development has Mwangaza become fixated in? (1 mark)
 - ii. Explain how the fixation is likely to have developed? (2 marks)
 - iii. Identify three defence mechanisms and explain how they are used as a way of coping with anxiety. (9 marks)
- b) Differentiate between internal locus of control and external locus of control? (5 marks)
- c) Explain the following terms as used in Rational Emotive Behavioral Therapy. (8 marks)
- i. Dichotomous thinking
 - ii. Personalization
 - iii. Overgeneralization
 - iv. Catastrophizing
- d) State the 5 stages of Maslows hierarchy of needs. (5 marks)

Question 2

Briefly explain the stages of psychosocial development according to Erick Erikson.

((15 marks)

Question 3

I. Using clearly illustrated examples for each, explain the following terms as used in operant conditioning. (12 marks)

- a) Positive reinforcement (3 Marks)
- b) Negative reinforcement (3 marks)
- c) Positive punishment (3 marks)
- d) Negative punishment (3 marks)

11. Indicate the correct cluster for each of the following groups of personality disorders.

(3 marks)

- (a) Avoidant Personality Disorder, Dependent Personality Disorder, Obsessive-Compulsive Personality Disorder.....
- (b) Paranoid Personality Disorder, Schizoid Personality Disorder, Schizotypal Personality Disorder.....
- (c) Antisocial Personality Disorder, Borderline Personality Disorder, Histrionic Personality Disorder, Narcissistic Personality Disorder.....

Question 4

Name and describe each of the 5 dispositional traits within the Big five(5) model of personality traits. (15 marks)
