

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**FIRST YEAR EXAMINATION FOR THE AWARD OF CERTIFICATE IN
COMMUNITY DEVELOPMENT**

CDEV 00120: INTRODUCTION TO COUNSELLING

STREAMS: CERT. IN COMMUNITY DEVELOPMENT Y1S2

TIME: 2 HOURS

DAY/DATE: TUESDAY 04/12/2018

8.30 A.M. – 10.30 A.M.

INSTRUCTIONS:

- **ANSWER QUESTION ONE AND ANY OTHER TWO.**

- Q1. (a) Differentiate between counselling and guidance. (5 marks)
- (b) Identify and describe two opportunities of counselling in the family and community. (5 marks)
- (c) Compare individual and group counselling. Use relevant examples. (10 marks)
- (d) Briefly describe five ethical principles of counselling. (10 marks)
- Q2. (a) Describe any three influences in the development of counselling. (15 marks)
- (b) Explain any two roles of a counsellor in the solving of family and community issues. (5 marks)
- Q3. (a) Briefly describe any five qualities of a competent counsellor. (10 marks)
- (b) List any five key features of psychoanalytic approach to counselling. (10 marks)
- Q4. (a) Briefly describe any five techniques applied by behavioural approach to counselling. (10 marks)

- (b) Identify and describe the key features of person-centred approach to counselling. (10 marks)
- Q5. (a) What is family counselling? (5 marks)
- (b) Identify any five basic counseling skills and explain with examples how they are applied in counselling practice. (15 marks)
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